

SEVEN STEPS TO BECOME GREAT FACILITATOR

The role of a facilitator is to ask open ended questions that will stimulate discussion, generate ideas and produce outcomes. As a facilitator you must:

- 1. **Prepare in Advance**. Put yourself in the seats of your listener to understand what outcomes they would be after and what questions would spark discussion.
- 2. **Define the purpose of the meeting at the top**. "The reason we are here today", "The purpose of this meeting is x and in the next 45 minutes, we will do, a, b and c, in that order. We will begin by". It is imperative that you establish a group consensus—that everyone knows what outcome they are after. You must be perfectly clear if you are to lead the session effectively.
- 3. **Ask questions that prompt discussion**. When you think through questions in advance, think through the possible answers as well. This will help you prepare follow up questions in advance.
- 4. **Make sure everyone is participating**. If someone is quiet or appears left out, move the discussion toward them, using their name and asking what they think.
- 5. **Do not get stuck or bogged down in someone else's issues**. It is your role to keep the conversation moving and you have every right to say---"given our time constraints and that we have a lot to cover, let's go back to that if we can, but move on for now."
- 6. **Have flipcharts** and markers in the room so you or someone you assign can write down ideas, thoughts and key words.
- 7. Just as you stated your goals at the top, make sure to **summarize what was accomplished** and state next steps or action steps at the end.



TYPES OF QUESTIONS

Open Ended Questions: designed to get information and encourage discussion

- Tell me about
- What do you think of
- How does this make you feel
- What's your opinion?
- Why do you think this happened?
- What do you think we should do about it?
- What about if we did this?
- What did you notice about?
- What if we did?
- What would happen if we did
- In your experience
- Tell me about
- So, you've suggested, but what do you think about?
- What ideas do you have about...?

Rephrasing and Clarifying Questions: By repeating, rephrasing or asking for clarification, you are asking people to agree, verify or correct what was said and further the discussion

- So, what you are saying is
- What do you mean when you say...?
- So, I think what you are implying is
- So, if we hear you correctly
- Help me understand
- So, you are saying if we do this or that

<u>Closed Questions:</u> By asking short pointed questions, you are after simple facts, consensus or closure.

- Does anyone have any additional questions
- What is the exact number?
- Do you understand?



Facilitation Tips

- 1. Set the stage. If you are enthusiastic and energetic, you can engage more quickly.
- 2. Remain Neutral. Your job is to facilitate the conversation and focus on the group process, not offer your personal opinion.
- 3. Start with general questions. Listen to the answer and move to specifics
- 4. Make sure to listen to the question
- 5. Ask people to comment on something just said to keep the discussion going.
- 6. Turn someone else's question or comment back to the group for feedback. "Richard believes x, does everyone agree or do you have some other thoughts and why?"
- 7. Do not give your opinion. You want to get them to give theirs.
- 8. Watch the "I" word. This is about them, not you.
- 9. Do not jump in too quickly. Give people a chance to think and talk
- 10. Pause to give people a chance to think
- 11. Re-direct and re-phrase
- 12. Keep everyone involved
- 13. If someone answers yes or no, ask them to elaborate
- 14. Watch out for non-verbal body language: eye contact, nodding, bored, arms crossed, disinterested, eyes shut, checking blackberry, etc. If they are not engaged, point a question toward them or lead the discussion to an area of their interest/expertise
- 15. Make sure your questions are clear. Pronounce words. Speak up and make sure to talk slow enough for people to hear.
- 16. Keep the feedback subject oriented and not personal.
- 17. If the group appears to be going off topic, at a loss or repeating themselves, restate the goal and the issues at hand to bring it back to the subject at hand.
- 18. Try not to let one person dominate. If one person is taking over, look for ways to seek input from others.
- 19. Silence is okay, Silence gives people a chance to think and interpret.
- 20. Compliment people for good thoughts and ideas



21. Let them know when things are about to wrap up, thank them and let them know what if anything is expected.